

Summertown Group Practice Newsletter

Staff Updates

Dr Ruth Lowe recently joined the practice as a Salaried GP. Dr Lowe previously trained at our practice in 2024 before completing her training at the Manor Surgery.

Dr Soonyiu Yau joined us as a ST3.

We will be starting our recruiting process soon for a new patient service coordinators to find a suitable replacement as we said goodbye to Amelie who is now off to medical school. Dani has now taken over as GP Assistant. We have also welcomed Lynn and David who have joined our team.

Protected Learning Time -

The practice will be closed from 1.00pm on Thursday 10th September for staff training.

How do I give feedback?

We have recently placed feedback boxes at all our sites for written feedback as suggested by our PPG group. This feedback is checked monthly and we had a dedicated noticeboard in our Summertown surgery this month to promote this.

You can also give us feedback on how we can improve via our website. Please follow the links below to find out more: <https://www.summertownhealthcentre.co.uk/feedback>

NHS APP

If you're new to using the NHS App and you're not sure how to access the information, there is lots of information around to help you. Download the NHS App on your smartphone or tablet via the Google play or App store. You can also access the same services in a web browser by logging in through the NHS website. Did you know that using the NHS App can help you access lots of information about your health?

- Request repeat prescriptions
- Check the status of your prescriptions
- See upcoming appointments
- View your health records



AUTUMN / WINTER



Feedback

You said:

Have some plants in the reception rooms and I will give one as a gift if thanks.

We did:

The plants were removed during the COVID-19 pandemic as part of infection prevention

measures. As these restrictions are no longer required, we will be reintroducing plants to our

reception areas to help create a more welcoming environment for patients and visitors.

You said:

Better magazines in the waiting room

We did:

We have introduced a book library in the waiting area, where patients are welcome to borrow,

swap, or read books while they wait. This provides a wider range of reading material and

encourages book sharing within our patient community.

Flu and COVID vaccination clinics

We are planning to run our **flu and COVID vaccination clinics over the first few week-ends of October**, subject to how quickly we are able to complete the clinics.

Eligible patients will be invited by **text message or email**, so please make sure we have your **current mobile number and email address**. You can check your contact details via the NHS App or contact the practice if they need updating.

If you are eligible but **have not received an invitation by text or email**, please submit an online consultation or email us at bobicb-ox.summertownhc@nhs.net



Health Campaigns 2026

September is World Alzheimer's Month

September 13th World Sepsis Day

October ADHD Awareness Month

October 18th World Menopause Day

November is Movember Men's Health Awareness Month

November 19th World Pancreatic Cancer Day

Sepsis Awareness — September 13th World Sepsis Day

Sepsis is a life-threatening medical emergency triggered by the body's extreme response to an infection. Coinciding with World Sepsis Day on September 13th, the annual campaign promotes early recognition of symptoms to save lives.

Key Signs and Symptoms to Watch For

- Slurred speech or extreme confusion
- Uncontrolled shivering, muscle pain, or fever
- Passing little or no urine over 24 hours
- Severe breathlessness or feeling like you might die
- Blotchy, pale, mottled, or discoloured skin



Please click on the icons below where you can find more information about the following health campaigns

